



NEWS RELEASE

Northern Lion completes sampling program in Greek Cyprus

September 25, 2009

TSX-V Symbol: NL
Frankfurt Symbol: N3E

Vancouver, British Columbia: Northern Lion Gold Corp. (the "Company") wishes to provide this update on the Republic of Cyprus exploration program. Management and consultants have just returned from Cyprus where they conducted a review of the Company's Asproyia project, monitored the Company's land applications and evaluated additional exploration opportunities. Numerous projects were visited and over 100 samples were collected, the results of which are pending. Several of these new exploration opportunities are being reviewed for their potential to host significant gold mineralization as well as copper and silver.

During management's initial visit to the area in April 2008, six grab samples were collected from within the Company's Asproyia project and their application areas. Highlights included one sample which returned 4.1% copper, and another sample which returned 7.3 grams per tonne ("g/t") gold and 17.6 g/t silver.

The history of mineral exploitation (copper, gold and other metals) on the island of Cyprus dates back to the Bronze age, approximately 5,000 years ago, first by the Phoenicians and then the Romans and has continued ever since. The evidence of this long history of mining is seen by the extensive slag heaps and numerous ancient surface and underground workings.

The major deposits of Cyprus are the dominantly copper-bearing volcanogenic hosted massive sulphide "VHMS" deposits. These deposits are hosted within the pillow lava sequence of the Troodos ophiolite. The pillow lava sequence is divided into Upper and Lower Pillow Lavas according to their place in the stratigraphy, with the majority of massive sulphide bodies forming between the two pillow lava sequences. All seven of the Company's applications overlie this important contact. The other styles of mineralization on Cyprus, apart from the massive sulphide deposits and associated stockwork mineralization are the interstitial and overlying sedimentary umber and ochre deposits. Ochres are manganese poor ferruginous sediments generally associated with sulphide ores located between the Upper and Lower Pillow Lavas, while umbers are manganese rich ferruginous mudstones overlying the Upper Pillow Lavas. Umbers and ochres have historically been mined for dyes and are known locally to contain significant gold

values. Gold mineralization associated with the massive sulphide ores has not historically been evaluated; however as the above mentioned sample shows there may be significant gold resources to be discovered.

Quality Control and Assurance

The Company's field activities in Cyprus are to be supervised by Dr. Kyriacos Louca, under the direction of Joan McCorquodale, P.Geo. (BC), a consultant to the Company and a "qualified person", as defined by National Instrument 43-101 ("NI 43-101").

Samples were sealed and delivered personally by Joan McCorquodale, P.Geo. (BC) to Acme Laboratories Ltd., Vancouver, BC. Acme laboratories is accredited to international quality standards through the International Organization for Standardization /International Electrochemical Commission (ISO/IEC) 17025.

Joan McCorquodale, P.Geo. (BC), a consultant to the Company and a "qualified person" as defined by NI 43-101, is responsible for the technical content of this news release.

About Northern Lion

Northern Lion Gold Corp. is a Canadian mineral exploration company, listed on the TSX Venture Exchange and the Frankfurt Exchange. The Company is committed to building a strong portfolio of projects within mining-friendly and infrastructure-rich areas of Europe. The Company is well funded to continue to define and explore its existing projects and to acquire and explore new projects.

In addition to its properties in Cyprus, the Company maintains a 100% interest in its Moura, lead, zinc, silver project in Portugal. The Company also holds a 100% interest in several projects in the historic Bergslagen mining district of southern Sweden

NORTHERN LION GOLD CORP.

John Lando, President

For information with respect to Northern Lion or the contents of this news release, please contact John Lando or Don Flahiff at (604) 669-2701, toll free at 1-800-663-0510, or email to info@northernliongold.com.

This news release includes "forward-looking information", as such term is defined in applicable securities laws. The forward-looking information includes, without limitation, the success of exploration activities and other similar statements concerning anticipated future events, conditions or results that are not historical facts. These statements reflect management's current estimates, beliefs, intentions and expectations; they are not guarantees of future performance. The Company cautions that all forward-looking information is inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among others, risks and uncertainties relating to exploration and development; the ability of the Company to obtain additional financing; the Company's limited operating history; the need to comply with environmental and governmental regulations; potential defects in title to the Company's properties; fluctuations in currency exchange rates; fluctuating prices of commodities; operating hazards and risks; competition; and other

risks and uncertainties. Accordingly, actual future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward-looking information. All statements are made as of the date of this news release and, except as required by law, the Company is under no obligation to update or alter any forward-looking information.

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this news release.